

MYOPRO[®]



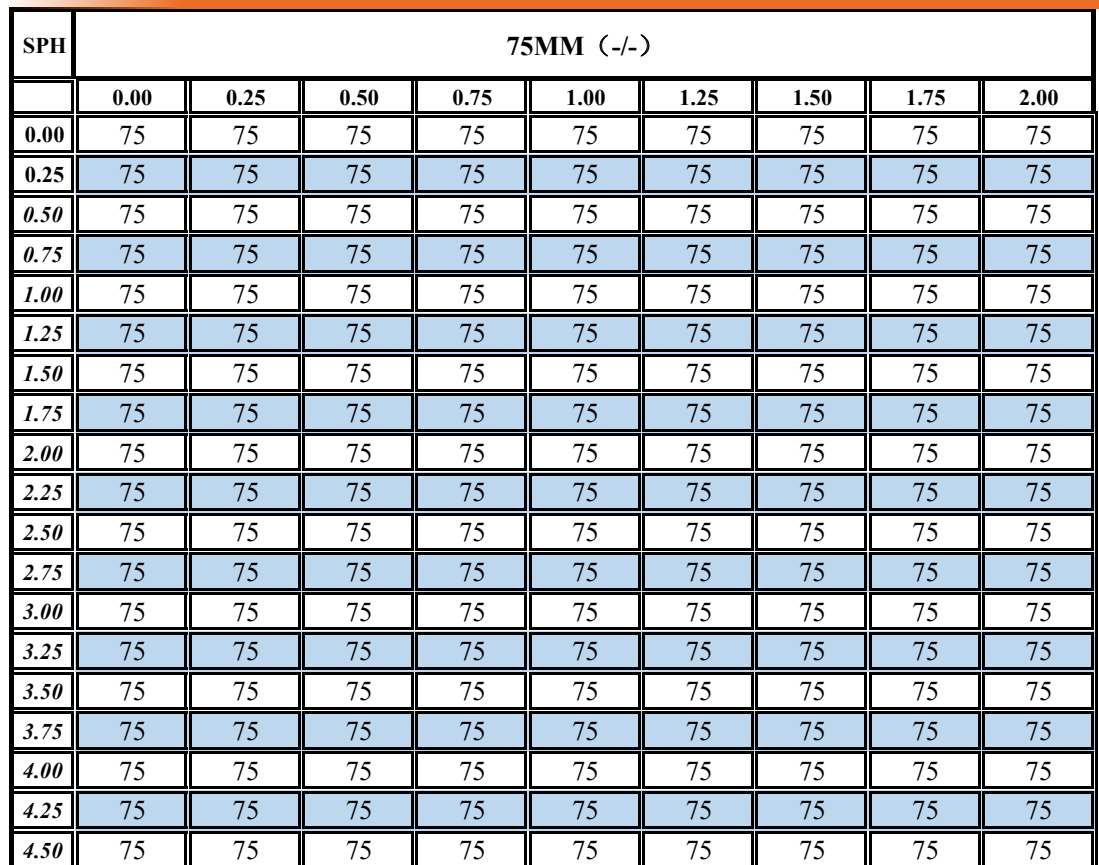
EAST OPTICAL

Dispensing Guide



MyoPro.ca

MyoPro® Centration Chart



Frame Selection Guideline

Key guidelines to feature:

- The frame height should be at least 28 mm and no more than 48 mm. Additionally, the difference between the total width of the glasses frame (including the nose bridge distance) and the wearer's total pupillary distance should not exceed 8 mm.
- Lightweight, adjustable frames.

Instructions:

1. Locate the patient prescription (sphere and cylinder).
2. Confirm the lens blank fits within the selected frame.
3. If not, choose a smaller frame.

SPHERE POWER

MINUS CYLINDER POWER

	0.00	0.25	0.50	0.75	1.00	1.25	1.50	1.75	2.00	2.25	2.50	2.75	3.00	3.25	3.50	3.75	4.00
+1.00	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
+0.75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
+0.50	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
+0.25	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
0.00	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-0.25	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-0.50	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-0.75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-1.00	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-1.25	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-1.50	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-1.75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75
-2.00	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	70
-2.25	75	75	75	75	75	75	75	75	75	75	75	75	75	75	75	70	70
-2.50	75	75	75	75	75	75	75	75	75	75	75	75	75	75	70	70	70
-2.75	75	75	75	75	75	75	75	75	75	75	75	75	75	70	70	70	70
-3.00	75	75	75	75	75	75	75	75	75	75	75	75	70	70	70	70	70
-3.25	75	75	75	75	75	75	75	75	75	75	75	70	70	70	70	70	70
-3.50	75	75	75	75	75	75	75	75	75	75	70	70	70	70	70	70	70
-3.75	75	75	75	75	75	75	75	75	75	70	70	70	70	70	70	70	70
-4.00	75	75	75	75	75	75	75	75	70	70	70	70	70	70	70	70	70
-4.25	75	75	75	75	75	75	75	70	70	70	70	70	70	70	70	70	70
-4.50	75	75	75	75	75	75	70	70	70	70	70	70	70	70	70	70	70
-4.75	75	75	75	75	75	70	70	70	70	70	70	70	70	70	70	70	70
-5.00	75	75	75	75	70	70	70	70	70	70	70	70	70	70	70	70	65
-5.25	75	75	75	70	70	70	70	70	70	70	70	70	70	70	70	65	65
-5.50	75	75	70	70	70	70	70	70	70	70	70	70	70	70	65	65	65
-5.75	75	70	70	70	70	70	70	70	70	70	70	70	70	65	65	65	65
-6.00	70	70	70	70	70	70	70	70	70	70	70	70	65	65	65	65	60
-6.25	70	70	70	70	70	70	70	70	70	70	70	65	65	65	65	60	60
-6.50	70	70	70	70	70	70	70	70	70	70	65	65	65	65	60	60	60
-6.75	70	70	70	70	70	70	70	70	70	65	65	65	65	60	60	60	60
-7.00	70	70	70	70	70	70	70	70	65	65	65	65	60	60	60	60	60
-7.25	70	70	70	70	70	70	70	65	65	65	65	60	60	60	60	60	60
-7.50	70	70	70	70	70	70	65	65	65	65	60	60	60	60	60	60	60
-7.75	70	70	70	70	70	65	65	65	65	60	60	60	60	60	60	60	60
-8.00	70	70	70	70	65	65	65	65	60	60	60	60	60	60	60	60	60
-8.25	70	70	70	65	65	65	65	60	60	60	60	60	60	60	60	60	
-8.50	70	70	65	65	65	65	60	60	60	60	60	60	60	60	60	60	
-8.75	70	65	65	65	65	60	60	60	60	60	60	60	60	60	60	60	
-9.00	65	65	65	65	60	60	60	60	60	60	60	60	60	60	60	60	
-9.25	65	65	65	60	60	60	60	60	60	60	60	60	60	60	60	60	
-9.50	65	65	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-9.75	65	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-10.00	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-10.25	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-10.50	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-10.75	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-11.00	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-11.25	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-11.50	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-11.75	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	
-12.00	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	





For additional support or questions,
please contact us at myoprocanada@gmail.com

MYOPRO®


EAST OPTICAL

MyoPro® is a registered trademark of East Optical, Inc. © 2025